



Get Set Learn Summary Report 2021

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Get Set Learn
A Project READ Program

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Project READ Literacy Network Waterloo-Wellington (PRLN) staff delivered the **Get Set Learn** program in 2021 and provided information for this report.

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Project READ Literacy Network Mission Statement

Our mission is to provide any adult or family in Waterloo Wellington with access to literacy training.

Table of Contents

Summary	4
Overview	5
Get Set Learn Winter 2021	5
Get Set Learn Spring 2021	5
Get Set Learn Summer 2021	6
Get Set Learn Fall 2021	6
Get Set Learn Program Outcomes:	7
Get Set Learn 2021 Survey Results	8

Summary

Get Set Learn is a literacy program for parents and pre-school children, birth to 4 years. Outcomes for the program include parent skill-building to help children prepare for school. Parents helping their children practice and build literacy skills gives them confidence and improved parenting skills while boosting confidence in kids.

We offered 4 sessions of **Get Set Learn** this year. A total of 66 families and 85 children attended the program.

Thanks to the funding provided by the Lyle S. Hallman Foundation, we were able to offer the program to all families. Our previous funding restricted us to invite families receiving social assistance only.

We conducted evaluation surveys to learn about the parents' feedback at the beginning and end of the program. The following report documents the results of the surveys, what we learned, and our achievements.

Findings from the surveys indicate a positive impact on families attending the **Get Set Learn** program.

Overview

The evaluation surveys from last year indicated that families were finding the Get Set Learn program tremendously helpful during the pandemic. The program provided a platform for parents to connect while engaging their children in literacy-based activities. Based on this feedback, we decided to run the program more often.

Previously we were offering it to families receiving social assistance. Funding from Lyall S. Hallman allowed us to reach out to more families with a program open to all. It was particularly helpful for families experiencing isolation due to the pandemic.

Get Set Learn Winter 2021

Number of classes: 2

Facilitators: Jennifer Hewitt, Nadia Muhammad

Duration: 1 hour class, twice a week for 8 weeks

Joined by: 17 families with 23 children

Guest speakers: Conestoga College, YMCA, Kitchener Public Library, Brain Yoga

Get Set Learn Spring 2021

Number of classes: 3

Facilitators: Christine Shantz, Jennifer Hewitt, Nadia Muhammad

Duration: 1 hour class, twice a week for 8 weeks

Joined by: 23 families with 31 children

Guest speakers: YMCA, Conestoga College, Lutherwood,

Kitchener Public Library, Recess Guardians

Get Set Learn Summer 2021

Number of classes: 1

Facilitator: Nadia Muhammad

Duration: 1 hour class, twice a week for 8 weeks

Joined by: 9 families with 9 children

Guest speakers: YMCA, Kitchener Public Library

Get Set Learn Fall 2021

Number of classes: 2

Facilitators: Christine Shantz, Nadia Muhammad

Duration: 1 hour class, twice a week for 10 weeks

Joined by: 17 families with 22 children

Guest speakers: YMCA, Kitchener Public Library, Ideas Exchange

Get Set Learn Program Outcomes:

Get Set Learn gives parents knowledge, skills, and opportunity to:

- See themselves as their children's first and most important teachers.
- Engage in family literacy activities (talk, read, sing, draw and play with shapes and numbers) to help their children to be successful at school.
- Learn positive discipline practices so that family literacy activities are more successful.
- Connect with other parents, know they are not alone.
- Seek the help they need for themselves and their children.
- Develop community connections to progress with their goals.
- Learn and develop employment skills.

Get Set Learn 2021 Survey Results

Get Set Learn program served a total of 66 families in the year 2021.

We asked parents to complete an evaluation at the end of the program. Questions and raw data are below.

Results:

1. Did the program meet your needs?

- a) Yes 92%
- b) Partly 8%
- c) No 0%

2. I see myself as my baby or child’s first and most important teacher.

- a) More now that I have finished GSL 71%
- b) The same as before 29%

3. I know other parents who I can spend time with.

- a) More now that I have finished GSL 57%
- b) The same as before 43%

4. I know how to ask for the things that my child and I need.

- a) More now that I have finished GSL 66%
- b) The same as before 34%

5. I know where to get information or help for my child and myself if I need it.

- | | |
|--------------------------------------|-----|
| a) More now that I have finished GSL | 83% |
| b) The same as before | 17% |

6. I use positive discipline with my child.

- | | |
|--------------------------------------|-----|
| a) More now that I have finished GSL | 71% |
| b) The same as before | 29% |

7. I talk with my child.

- | | |
|--------------------------------------|-----|
| a) More now that I have finished GSL | 71% |
| b) The same as before | 29% |

8. I read with my child.

- | | |
|--------------------------------------|-----|
| a) More now that I have finished GSL | 57% |
| b) The same as before | 43% |

9. I sing with my child.

- | | |
|--------------------------------------|-----|
| a) More now that I have finished GSL | 56% |
| b) The same as before | 44% |

10. I draw with my child

- | | |
|--------------------------------------|-----|
| a) More now that I have finished GSL | 76% |
| b) The same as before | 24% |

11. I play with shapes and numbers with my child.

- | | |
|--------------------------------------|-----|
| a) More now that I have finished GSL | 69% |
| b) The same as before | 31% |

Summary

The Get Set Learn 2021 program met its program outcomes.

- Learn and practice skills to carry confidently with the upcoming steps to educating their children.
- Know and access community resources to advance to their goals.
- Develop plans for their and their family's future.
- Feel less isolated during the pandemic by connecting via the virtual **Get Set Learn** program.
- Have an opportunity to learn and improve their digital literacy skills by joining the online program.
- Engage their children in literacy-based activities and connect with children in other families in the program.

We continue to offer the **Get Set Learn** program online due to the COVID 19 restrictions.